

Bereavement in the workplace

Training for all colleagues

1 hour – online delivery

Overview

This webinar is for anyone who would like to better understand what to say and do to support a colleague who has been through pregnancy or baby loss.

It is common to worry about saying the wrong thing, so this session is specifically focused on communication and building confidence. It is facilitated live by a specialist Sands trainer who will provide insights and information in a way that enables participants to safely explore the sensitive subject matter.

The webinar is an opportunity to:

- Develop an understanding of pregnancy loss, baby loss, grief and bereavement and how these may impact people at work
- Learn about compassionate communication and how to find the right words to support a colleague
- Build the confidence to navigate potentially emotional conversations
- Consider practical ways to support a colleague
- Learn about support, tools, and guidance available for workplaces

Following the training all participants will receive a links to relevant training resources and workplace guidance.