

## **Engaging with bereaved families to ensure their voices are heard**

## Bereavement training for Maternity & Neonatal Voice Partnerships (MNVP)

7 hours / 3.5 hours - delivery via face-to-face workshops or online 2 hours - online delivery

## Overview

This training is an opportunity to learn more about pregnancy and baby loss. It is designed to help build the confidence, knowledge and skills required to engage effectively and safely with bereaved families in accordance with <u>NHS Guidance for Maternity and Neonatal Voice Partnerships.</u>

Sands Trainers have a wealth of experience in creating a safe space for participants to consider this sensitive topic. The session is experiential with unique opportunities to learn from those with lived experience. Communication and listening skills are at the heart of the training. The principals of high-quality bereavement care are also included, along with advice on how to work with Trusts to ensure this care is in place for anyone going through pregnancy or baby loss.

## Learning outcomes

This list is based on a full-day workshop, it can be modified to fit the length of a session and the method of delivery.

- > Gain insight into the diversity of experiences of pregnancy loss and the death of a baby
- > Learn from a bereaved parent who will share their story and offer insights into what high quality care looks like in practice
- > Explore how your Trust can provide high quality bereavement care using the National Bereavement Care Pathway
- Understand the importance of informed choice for bereaved families supporting parents to make decisions that are right for them
- > Discuss inequalities in care and explore the barriers to accessing it
- > Reflect on the important of sensitive and compassionate communication
- Explore how best to support families going through a pregnancy following a loss

Following the training all participants will receive a copy of the materials used and links to various helpful tools and resources.