

## Pregnancy and baby loss: providing support in community settings

Support and compassionate care training for Councils, Mortuaries, Coroners and Registrars

- 7 hours / 3.5 hours delivery via in-person or online workshops
- 2 hours online delivery

## Overview

This training is facilitated by a specialist bereavement care trainer and is ideal for Coroners, Registrars and support staff. It is an excellent opportunity for teams to work together in increasing confidence in communicating with those who have experienced the death of a baby and delivering compassionate care whilst going through the processes needed to fulfil your role and its duties. This is skills-based training with a variety of opportunities to learn through case studies and skills practice. The list of outcomes for participants below is based on a full-day workshop and will be modified to fit the length of the session you require and the method of delivery. The voices of those who have experienced loss and the needs of the people supporting them are at the centre of the learning materials, which include a parent speaker (full day only), video content and links to useful tools and resources.

## Participants will:

- Develop an understanding of the parent experience of the death of a baby
- Consider the impact of grief and bereavement on parents and the wider family
- Explore the skills required to communicate empathically and compassionately with bereaved parents and families face to face, via the phone and email or webchat
- Build confidence in having potentially emotional conversations and using the right words
- Discover how culture, community and identity influences the experience of loss and the grief journey
- Reflect on the impact of baby loss on staff wellbeing and consider how to support yourselves and each other

Following the session, participants will receive a copy of the materials used, links to support resources and further information, as well as a certificate of attendance.

To book or for more information, please contact us.

Saving babies' lives. Supporting bereaved families. e: <a href="mailto:training@sands.org.uk">training@sands.org.uk</a> w: sands.org.uk/training