

# Pregnancy and baby loss: providing support in schools and nurseries

Support and compassionate care training for anyone working with families and children

- 7 hours / 3.5 hours - delivery via in-person or online workshops
- 2 hours - online delivery

## Overview

This training, led by a specialist bereavement care trainer, is ideal for schools and nurseries working with families who have experienced pregnancy or baby loss. It offers an excellent opportunity for teams to build confidence, deepen knowledge, and provide compassionate care. The skills-based training includes case studies, practical exercises, and explores support for the whole family. The outcomes listed below reflect a full-day workshop and will be adjusted to suit your session length and delivery method. The voices of those who have experienced loss and the needs of the people supporting them are at the centre of the learning materials, which include a parent speaker (full day only), video content and links to useful tools and resources.

Participants will:

- Learn about the experience of pregnancy, birth and the death of a baby
- Explore the impact of pregnancy and baby loss on children of different ages and how this may present in behavioural changes
- Consider how best to support grieving children after the loss of a baby
- Discover how culture, community and identity influences the experience of loss and the grief journey
- Develop an understanding of the impact of grief, bereavement and trauma on the whole family, and the impact on their mental health
- Consider the skills required to communicate empathically, building confidence in using the right words
- Explore the impact of loss on a subsequent pregnancy for parents and their children
- Reflect on your own boundaries and the impact of supporting families on your wellbeing

Following the training all participants will receive a copy of the materials used and links to various helpful tools and resources.

To book or for more information, please [contact us](#).

Saving babies' lives. Supporting bereaved families.  
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