

Supporting expectant parents going through early pregnancy loss

Compassionate care training for staff working in early pregnancy settings

- **7 hours / 3.5 hours** - delivery via in-person or online workshops
- **2 hours online delivery**

Overview

This session is an opportunity to build the essential skills and confidence required to compassionately support those going through early pregnancy loss. Tailored for professionals who work in early pregnancy settings, this interactive training explores key elements of bereavement care with a specific focus on miscarriage, molar, and ectopic pregnancy.

Sands Trainers have a wealth of experience in creating a safe space for participants to consider this sensitive topic. With the support of the trainer, participants will consider the emotional challenges of providing bereavement care and strategies to support staff wellbeing.

During the workshop participants will:

- Gain an understanding of the diverse factors influencing grief, the impact of trauma on cognitive ability, and the importance of trauma-informed bereavement care in reducing parents' vulnerability to mental health conditions following pregnancy loss.
- Develop skills in trauma-informed communication, including clear and sensitive language, recognition of parenthood, and the ability to effectively care for bereaved parents with empathy, fostering stronger connections and enhancing support provision.
- Acquire essential knowledge and practical skills in delivering difficult news, and managing emotional reactions effectively with sensitivity and compassion, using a simple 3-step process.

Following the training all participants will receive a copy of the materials used and links to various helpful tools and resources.

To book or for more information, please [contact us](#).

Saving babies' lives. Supporting bereaved families.
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