

Supporting expectant parents going through miscarriage, ectopic pregnancy, and molar pregnancy

Bereavement care training for staff working in early pregnancy settings

Half-day workshop

9.00am-12.30pm or 1.00pm-4.30pm

Overview

This workshop is an opportunity to build the essential skills and confidence required to compassionately support those going through early pregnancy loss. Tailored for professionals who work in early pregnancy settings, this interactive workshop explores key elements of bereavement care with a specific focus on miscarriage, molar, and ectopic pregnancy.

Sands Trainers have a wealth of experience in creating a safe space for participants to consider this sensitive topic. With the support of the trainer, participants will consider the emotional challenges of providing bereavement care and strategies to support staff wellbeing.

During the workshop participants will:

- › Gain insight into expectant parent's experience of pregnancy loss and a subsequent pregnancy following loss
- › Consider the latest research and guidance on miscarriage bereavement care
- › Learn the importance of sensitive language and practice essential compassionate communication skills
- › Learn the principles of breaking bad news and how to sensitively communicate news of miscarriage or pregnancy complications
- › Reflect on the impact of pregnancy loss on staff wellbeing, consider staff support needs and the support available

Following the workshop all participants will receive a copy of the materials used and links to various helpful tools and resources.