

# Supporting parents through pregnancy loss or the death of their baby

## Bereavement care training for multidisciplinary teams working in maternity, neonatal and early pregnancy services

Full-day workshop

9.30am-4.30pm

### Overview

This workshop is an opportunity to build the confidence, knowledge and skills required to provide high quality care for those who have experienced pregnancy loss or the death of their baby. Training as a multidisciplinary team improves teamwork, communication, and the care that parents receive. This full day workshop is skills-based training with a variety of opportunities for the multidisciplinary team to learn together through case studies and skills practice.

Sands Trainers have a wealth of experience in creating a safe space for participants to consider this sensitive topic. With the support of the trainer, participants will consider the emotional challenges of providing bereavement care and strategies to support staff wellbeing.

During the workshop participants will:

- › Gain insight into the parent experience of pregnancy, birth and perinatal loss, including the impact on subsequent pregnancies
- › Learn from a bereaved parent who will share their story and offer insights into what high quality care looks like in practice
- › Develop an understanding of grief in relation to perinatal loss and learn how to provide psychologically safe bereavement care
- › Learn the importance of sensitive language and practice compassionate communication skills with case study examples
- › Understand the importance of informed choice for bereaved families and know how to support parents to make decisions that are right for them
- › Reflect on the impact of perinatal loss on staff wellbeing, consider their own support needs and the support services available

Following the webinar all participants will receive a copy of the materials used and links to various helpful tools and resources.