

Supporting parents through pregnancy loss or the death of their baby

Bereavement care training for Midwives and Maternity Support Workers

Full-day workshop

9.30am-4.30pm

Overview

This workshop aims to build confidence, knowledge, and skills essential for delivering high quality care for those going through pregnancy loss or the death of their baby. In this full-day programme, midwives and MSW's will engage in skills-based training, with opportunities for learning through case studies and hands-on skill practice. The case studies in this workshop are specifically selected to encourage midwives to consider their role in bereavement care and how they can effectively support parents and families.

Facilitating this workshop is an experienced Sands Trainer, with a wealth of expertise in bereavement care and support. Sands Trainers are very experienced in safely facilitating health care professionals as they consider this sensitive topic.

During the workshop participants will:

- › Gain insight into the parent experience of pregnancy, birth and perinatal loss, including the impact on subsequent pregnancies
- › Learn from a bereaved parent who will share their story and offer insights into the impact of high quality care on the wellbeing of families
- › Develop an understanding of grief and trauma in relation to perinatal loss and learn how to provide psychologically safe bereavement care
- › Learn the importance of sensitive language and practice compassionate communication skills with case study examples
- › Understand the importance of informed choice for bereaved families and know how to support parents to make decisions that are right for them
- › Reflect on the impact of perinatal loss on staff wellbeing, consider their own support needs and the support

Following the webinar all participants will receive a copy of the materials used and links to various helpful tools and resources.