

Working with expectant parents going through pregnancy loss or the death of their baby

Training for Sonographers and Ultrasound Practitioners

Half-day workshop

9.00am-12.30pm or 1.00pm-4.30pm

Overview

This workshop is an opportunity to develop the knowledge and skills required to safely support anyone going through pregnancy loss or baby death. The content is specifically designed for sonographers and ultrasound practitioners, with a focus on the communication skills required to safely break bad news and support expectant parents through miscarriage, ectopic pregnancy, molar pregnancy, stillbirth, termination for medical reasons or foetal anomaly. The case studies are selected to encourage sonographers and ultrasound practitioners to consider their role in bereavement care and how they can effectively support expectant parents through difficult pregnancies and also in pregnancy following a loss.

Facilitating this workshop is an experienced Sands Trainer, with a wealth of expertise in bereavement care and support. Participants will be supported as they consider the emotional challenges of delivering bereavement care and strategies to support staff wellbeing.

During the workshop participants will:

- › Gain insight into expectant parent's experience of pregnancy loss, baby death and a pregnancy following loss
- › Consider the latest research and guidance on bereavement care through miscarriage, termination for fetal anomaly and stillbirth
- › Learn the importance of sensitive language and practice essential compassionate communication skills
- › Learn the principles of breaking bad news and how to sensitively communicate news of miscarriage or pregnancy complications
- › Reflect on the impact of pregnancy loss on staff wellbeing, consider staff support needs and the support available

Following the workshop all participants will receive a copy of the materials used and links to various helpful tools and resources.