

# Working with expectant parents going through pregnancy loss or the death of their baby

## Training for Sonographers and Ultrasound Practitioners

**3.5 hours - delivery via face-to-face workshops or online**

**2 hours – online delivery**

### Overview

This training is an opportunity to develop the knowledge and skills required to safely support anyone going through pregnancy loss or baby death. The content is specifically designed for sonographers and ultrasound practitioners, with a focus on the communication skills required to safely break bad news and support expectant parents through miscarriage, ectopic pregnancy, molar pregnancy, stillbirth, termination for medical reasons or foetal anomaly. The case studies are selected to encourage sonographers and ultrasound practitioners to consider their role in bereavement care and how they can effectively support expectant parents through difficult pregnancies and also in pregnancy following a loss.

Facilitating this session is an experienced Sands Trainer, with a wealth of expertise in bereavement care and support. Participants will be supported as they consider the emotional challenges of delivering bereavement care and strategies to support staff wellbeing.

The list of outcomes for participants below is based on a half-day workshop and will be modified to fit the length of the session you require and the method of delivery.

- › Gain insight into expectant parent's experience of pregnancy loss, baby death and a pregnancy following loss
- › Consider the latest research and guidance on bereavement care through miscarriage, termination for fetal anomaly and stillbirth
- › Learn the importance of sensitive language and practice essential compassionate communication skills
- › Learn the principles of breaking bad news and how to sensitively communicate news of miscarriage or pregnancy complications
- › Reflect on the impact of pregnancy loss on staff wellbeing, consider staff support needs and the support available

Following the training all participants will receive a copy of the materials used and links to various helpful tools and resources.

To book or for more information, please [contact us](#).